

# ONTARIO'S RESOURCE GUIDE FOR LGBTQ+ INTERNATIONAL STUDENTS



# SEXUAL HEALTH AND MENTAL HEALTH CLINICS AND RESOURCES

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[Blue Door Clinic](#)

[CATIE](#)

[Gay Men's Sexual Health Alliance](#)

[HQ Toronto: Sexual and Mental Health Clinic](#)

[Ontario Aboriginal HIV/AIDS Strategy](#)

[Ontario AIDS Network](#)

[Ontario PrEP](#)

[PrEP Clinic](#)

[Rainbow Health Ontario](#)

[Service Navigation](#)

[Sexual Health Ontario](#)

[Sexual Health Clinics - Database](#)

[The Davie Buyers Club](#)

[Women and HIV/AIDS Initiative](#)

## ETHNO-RACIAL ORGANIZATIONS

[Africans in Partnerships Against AIDS](#)

[Alliance for South Asian AIDS Prevention](#)

[Asian Community AIDS Services](#)

[Black Coalition for AIDS Prevention](#)

[Centre for Spanish-Speaking People](#)

## PRIMARY CARE

[Community Health Centers](#)

[Public Health Units](#)

## SETTLEMENT

[Settlement.org](#)

[211 Ontario](#)

[Database of Newcomer Services](#)

[Migrant Students' Alliance](#)

## LEGAL

[Community Legal Clinics in Ontario](#) - More information about legal clinics and a full listing of offices across Ontario. From Legal Aid Ontario.

[Getting Legal Help: A Directory of Community Legal Clinics in Ontario](#) - A clear language listing of Community Legal Clinics (CLCs) across Ontario and their areas of practice. From CLEO - Community Legal Education Ontario.

[HIV & AIDS Legal Clinic Ontario](#) - This clinic serves people with HIV or AIDS across Ontario. The website includes a newsletter and publications on topics of interest to the clinic's clients and their families.

[Human Rights Legal Support Centre](#) - The HRLSC can help individuals who may need legal advice or assistance with respect to a matter covered by the Ontario Human Rights Code. TTY Toll Free: 1-866 612-8627.

[Justice Ontario](#) - This website has information about Ontario's legal system, including family and criminal law, lawsuits, human rights, wills and estates, and tickets and fines. You can get legal information in over 170 languages.

[LawHelpOntario.org](#) - This website has information about how to find a lawyer and how to work effectively with a lawyer. It also has resources for those who cannot afford a lawyer or who do not qualify for legal aid.

	LGBTQ+	HIV Related	Mental Health
Barrie	<u>Georgian Pride</u>	<u>Gilbert Centre for Social and Support Services</u>	<u>Counselling – GC Student Services</u>
Durham Region	<u>DC Pride Collective</u>	<u>AIDS Committee of Durham Region</u>	<u>Durham Mental Health Services</u>  <u>Peer Wellness Counselling</u>
Guelph	<u>Guelph Queer Equality (GQE)</u>  <u>Guelph Resource Centre for Gender Empowerment and Diversity</u>	<u>HIV/AIDS Resources and Community Health (ARCH)</u>	<u>Student Wellness</u>  <u>Couple &amp; Family Therapy Centre</u>

Hamilton	<u>Kyle's Place - Hamilton Trans Health Coalition</u>	<u>The AIDS Network</u>	<u>Compass Community Health - Positive Space</u>
	<u>Spectrum</u>		<u>McMaster Student Wellness Centre</u>
	<u>MSU Pride Community Centre</u>	<u>Hamilton Health Sciences – Special Immunology Services Clinic</u>	<u>Mohawk College Student Well-Being</u>
<u>Mohawk College – Social Inc.</u>			
Kingston	<u>Queen's Pride Project</u>	<u>HIV/AIDS Regional Services</u>	<u>Queen's Student Wellness</u>
			<u>SLC Mental Health Counselling</u>
	<u>The Alliance – St Lawrence College</u>		<u>Addiction &amp; Mental Health Services</u>
			<u>Peer Support South East Ontario</u>

Kitchener Waterloo	<u>Spectrum: Waterloo Region's Community Space</u>	<u>AIDS Committee of Cambridge, Kitchener, and Waterloo Region</u>	<u>OK2BEME</u>
	<u>WLU Rainbow Centre</u>		<u>UW Campus Wellness</u>
	<u>GLOW Centre for Sexual &amp; Gender Diversity</u>		<u>WLU Health &amp; Wellness</u>
	<u>LGBTQ+ Club Conestoga</u>		<u>Student Success Services</u>
London	<u>Pride London</u>	<u>Regional HIV/AIDS Connection</u>	<u>UWO Mental Health = LGBTIQ2SA+</u>
	<u>Spectrum Fanshawe</u>		
	<u>Western Pride</u>	<u>Infectious Disease Care Program</u>	

North Bay	<u>Out Loud North Bay – Youth Drop-In</u>	<u>AIDS Committee of North Bay and Region</u>	<u>Student Counselling Services</u>
Ottawa	<u>Kind Space</u>	<u>AIDS Committee of Ottawa</u>	<u>Centretown Community Health Centre</u>
	<u>Gender &amp; Sexuality Resource Centre - Carleton University</u>		<u>Max Ottawa</u>
		<u>Immunodeficiency Clinic at Ottawa Hospital</u>	<u>Carleton Health &amp; Counselling Services</u>
	<u>Pride Centre University of Ottawa</u>	<u>Max Ottawa</u>	<u>uOttawa Counselling &amp; Therapy</u>
	<u>Algonquin Wellness and Equity Centre</u>		<u>LGBTQ+ Around the Rainbow</u>

<b>Peel Region</b>	<u>UTM Women's Centre</u>	<u>Moyo Health &amp; Community Services</u>	<u>Health &amp; Counselling Centre</u>
	<u>UTM Sexual Education Centre</u>		<u>East Mississauga Community Health Centre</u>
	<u>QTBIPOC Sauga</u>		<u>Dixie Bloor Centre, Mississauga</u>
	<u>QX Group – Rainbow Salad</u>		
<b>Peterborough</b>	<u>Rainbow Service Organization</u>	<u>Peterborough AIDS Resource Network</u>	<u>Community Counselling Resource Centre</u>
	<u>Trent Queer Collective</u>		<u>Trent Counselling Service</u>
	<u>Pride Alliance – Fleming College</u>		<u>Fleming College Counselling</u>

<b>Sault Ste Marie</b>	<u>Queer Coffee Club, Algoma University</u>	<u>HIV/AIDS Resource Program (HARP)</u>	<u>Algoma Family Services</u>
<b>St Catherines &amp; Niagara</b>	<u>Brock Pride</u>	<u>Positive Living Niagara</u>	<u>Quest Community Health Center</u>
	<u>OUTNiagara</u>		
<b>Sudbury</b>	<u>Pride Laurentian</u>	<u>Réseau ACCESS Network</u>	<u>Health Sciences North</u>
	<u>Rainbow Resources</u>	<u>The HAVEN Program</u>	
<b>Thunder Bay</b>	<u>Pride Central (Lakehead University)</u>	<u>Elevate NWO</u>	<u>Thunder Bay Counselling</u>
			<u>NorWest Community Health Centre</u>

<b>Toronto</b>	<u>Supporting Our Youth</u>	<u>AIDS Committee of Toronto</u>	<u>The 519</u>
	<u>Friends of Ruby</u>	<u>Asian Community AIDS Services</u>	<u>David Kelley Services</u>
	<u>TBLGAY</u>	<u>Centre for Spanish-Speaking People</u>	<u>Rainbow Services/ CAMH</u>
	<u>LGBT OUT</u>	<u>Black Coalition for AIDS Prevention</u>	<u>Across Boundaries - Case Management for Racialized People</u>
	<u>PROUD at OCAD.U</u>	<u>Alliance for South Asian AIDS Prevention</u>	<u>Central Toronto Youth Services</u>
	<u>The Queer Space</u>	<u>City of Toronto - Sexual Health Clinics</u>	<u>COSTI Family &amp; Mental Health Services</u>
	<u>LGBTQ Social Club – Centennial College</u>	<u>HIV Psychiatry Clinic, Mt Sinai</u>	<u>Hong Fook Mental Health Association</u>
	<u>QTALK – Humber</u>		<u>Mood Disorders Association of Ontario</u>
			<u>TAIBU Community Services</u>

<b>Windsor</b>	<u>Windsor Pride Community Centre</u>	<u>AIDS Committee of Windsor</u>	<u>Family Services Windsor-Essex (FSWE)</u>
	<u>UWindsor Campus Pride Centre</u>	<u>Windsor Regional Hospital - HIV Care Program</u>	<u>Windsor-Essex Community Health Centre</u>
			<u>W.E. Trans Support</u>
<b>York Region</b>	<u>Rainbow Space</u>	<u>CAYR (pronounced 'care')</u>	<u>Family Services York Region</u>
	<u>We Are: A Space Place</u>		<u>Gender Affirming Health Clinic via CMHA</u>
	<u>York Pride Fest</u>		



This resource was developed through a collaboration among a broad range of community representatives, organizations and networks dedicated to the sexual and mental health needs of international students in Ontario.