

# Rahim Thawer

MSW, RSW



I am a social worker, psychotherapist, clinical supervisor, sessional lecturer, writer, facilitator, vodcast host, and organizational consultant. My approaches to clinical treatment, teaching, and community development continually consider and examine the intersections of systemic oppression and mental health.

## Relevant Work Experience

### Psychotherapist & EDI/Clinical Consultant

Affective Consulting & Psychotherapy Services  
*September 2014 to Present*

### Curriculum Consultant & Course Facilitator

University of British Columbia Extended Learning  
*March 2023 to Present*

### International Visiting Scholar

South African College of Applied Psychology  
*September 2021 to May 2022*

### Sessional Lecturer

St Jerome's University at the U of Waterloo  
Dept Sexuality, Marriage & Family Studies  
*August 2020 - April 2022*

University of Toronto

Factor Inwentash Faculty of Social Work  
*August 2020 - July 2021*

### Mental Health Counsellor / Clinical Coordinator

*Sherbourne Health*  
*May 2014 - August 2020*

### Bathroom Counsellor, TowelTalk

AIDS Committee of Toronto  
*October 2010 - Feb 2014*

### HIV Tester/Counsellor

Hassle Free Clinic  
*June 2011 - March 2013*

### Men's Outreach Coordinator

Alliance for South Asian AIDS Prevention  
*January 2009 - September 2009*

## Affiliations

### Board Member

Gestalt Institute of Toronto (2023 – present)

### Fellow

Mark S. Boham Centre for Sexual Diversity Studies  
University of Toronto

### Faculty & Advisory Committee

Queer & Trans Affirming Professionals Certificate /  
Contemporary Relationships Conference

### Member

Ontario Association of Social Workers  
Ontario College of Social Workers & SSWs

APA Division 44: Society for the Psychology of SOGD

## Education

### University of Toronto

Master of Social Work 2011  
Collaborative Certificate in Addiction Studies

### University of Melbourne

International MSW Practicum 2010

### University of Waterloo

Bachelor of Arts 2008  
*Honours Psychology; Double Minor in  
Poli Sci and English Language & Lit*

### National University of Singapore

BA Exchange Program 2006/2007

## Professional Development

### American Balint Society

Intensive Leadership Training (2023)

### NYU Silver School of Social Work

Post-Graduate Certificate:  
Executive Leadership in the Not-for-Profit Sector (2023)

### Gestalt Institute of Toronto

The Supervisory Relationship (2022/2023)

### Institute for Self-in-Relationship Psychotherapy

Clinical Supervision (2021)

### NYU Silver School of Social Work

Post-Graduate Certificate:  
Advanced Assessment and Diagnosis (2020)

### University of Calgary

Clinical Social Work Supervision (2017)

### Gestalt Institute of Toronto

One-Year Gestalt Theory and Methodology (2015/2016)

### University of Toronto Faculty of Medicine

Fundamental Psychoanalytic Perspectives (2014/2015)

### University of Toronto

### Ontario Institute for Studies in Education

CBT Fundamental Skills Program (2014)  
CBT Specialization for Complex Disorders (2015)

## Projects

### Writer

Medium.com/@rahimthawer

### Video Podcast Host

The CBT Dive | thecbtdive.ca